

Stewart Memorial Community Hospital & Calhoun Co. Public Health

Community Health Needs Assessment Plan

2024-2027

March, 2024; edited April 2024; edited December 2024

Health Improvement Plan 2024

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Priority #1	Mental Health Services		
Goal	Increase Access to Mental Health Services		
Baseline	9,920:1 mental health provider per Co Health Rankings		
Action Item	Responsible Party	Timeline	
Expand mental health therapy services to Rockwell City & Lake City	SMCH	June 2024	
2024 Progress: 2 new Behavioral Health service providers, Glenna Nockles and Anne Souder added to SMCH roster seeing patients in Lake City, Rockwell City, and Lake View			
South Central Calhoun (SCC) will continue collaboration with local providers to promote health resources and review student needs and offer referrals.	BRIC/SERT Groups; SMCH; CCPH	Ongoing	
2024 Progress: Monthly meetings continue and ad hoc meetings to address more specific needs of individuals.			
Family Foundations will work towards becoming a “Model Parents as Teachers” evidence-based program to better support parents and children with mental health issues.	CCPH	July 2026	

Priority #1	Mental Health Services		
Goal	Reduce suicide rate		
Baseline	Iowa Suicide Rate = 17.5 per 100,000 per CDC Wonder		
Action Item	Responsible Party	Timeline	
Organize local mental health awareness walk	BRIC group	Ongoing – annually	
2024 Progress: Annual mental health awareness walk held			
Organize “Slam the Stigma” basketball event	BRIC group	Ongoing – annually	
2024 Progress: “Slam the Stigma” event held December 16, 2024			
Implement Talk It Up, Lock It Up gun safety program in Calhoun County	CCPH; SMCH	July 2025	

Priority #1	Mental Health Services		
Goal	Reduce number of misuse of drugs and alcohol		
Baseline	Alcohol-impaired driving deaths 60% for Calhoun Co per Co Health Rankings		
Action Item	Responsible Party	Timeline	

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Develop awareness campaign to share during October for National Substance Abuse Prevention Month	SMCH; CCPH	October 2024
2024 Progress: Social media message shared by both CCPH & SMCH week of October 14		
South Central Calhoun (SCC will access Opioid Settlement funding to implement an evidence-based student group for those affected by substance abuse and mental health	SCC	July 2025
2024 Progress: SCC and Calhoun Co. Opioid Settlement Committee collaborating to bring "Screenagers" project to SCC school district for 3-year curriculum to promote healthy habits.		
Implement and promote SBIRT training in Calhoun County	CCPH; Opioid Settlement funding committee; SMCH	2024
2024 Progress: Continue to evaluate need and interest. CCPH employees have been trained.		
Provide Narcan trainings for community members and local schools	CCPH; Opioid Settlement Funding committee	April/May 2024
2024 Progress: Multiple trainings occurred throughout 2024 in Lake City, Rockwell City. Continue to reassess new dates/times for 2025		

Priority #2	Recreation/Wellness	
Goal	Improve health, fitness, and quality of life through increased access to exercise opportunities.	
Baseline	43% access to exercise opportunities per Co Health Rankings	
Action Item	Responsible Party	Timeline
Raise funds to build pickleball courts in Lake City	Park Board; Pickleball Committee	Summer 2024 COMPLETED
2024 Progress: Pickleball court completed with official opening September 26, 2024. The pickleball committee and SMCH Wellness committee hosted a Pickleball clinic on October 26, 2024 with over 25 participants. Weekly clinics were held in month of October, free of charge		
Conduct survey for community input to identify interest in new amenities.	Park & Rec Board	2024 – meetings & survey
Post a list of free activities available for community use on websites.	CCPH; SMCH	May 2024 May 2025
2024 Progress: CCPH has some community resources listed on website. Will work on getting additional resources on both CCPH & SMCH website by May 2025.		
Obtain the required permit and financial backing to install a splash pad in Lohrville.	Lohrville Splash Pad Committee	2025
Offer Pickle Ball opportunities at the Opportunity Living Activity Center during the winter months.	Opportunity Living & Lake City Pickleball Ball Project Committee	2024
2024 Progress: The pickleball committee and Opp Living Center staff collaborated to offer a night of pickleball at the Opp Living Center starting December on Tuesday evenings at 6:30pm and is offered throughout the winter. Cost is \$5.00/night or \$40/winter season pass.		
Research possibilities for unique exercise classes to be offered at the Activity Center gym and therapeutic pool. Including researching funding opportunities, programs, instructors, costs, and needs for the classes and the feasibility of it being available in our community.	Opportunity Living	2024

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Develop a roster of additional classes to offer at MAC Center and promote within the community via Manson and MAC Center Facebook pages & website.	MACC director & Manson Economic Development Coordinator	July 2025
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Priority #2	Recreation/Wellness	
Goal	Reduce Calhoun County obesity ranking by helping people eat healthy and get physically active.	
Baseline	40% Obesity ranking for Calhoun Co per Co. Health Rankings	
Action Item	Responsible Party	Timeline
Offer comprehensive nutrition program to include nutrition assessment and individualized physical activity program.	SMCH	2024
2024 Progress: Beginning stages of development of the program with SMCH staff, dietician, and physical therapy team		
Offer a monthly farmers market with healthy foods throughout the summer months to serve Calhoun County in the Manson area.	Manson Betterment	September 2024
2024 Progress: Locally grown food resources available on CCPH Community Resources site		

Priority #2	Recreation/Wellness	
Goal	Promote healthy and safe home environments.	
Baseline	9% of households experienced housing problems per Co Health Rankings	
Action Item	Responsible Party	Timeline
Publicly share/advertise programs available through public health to have home water and air quality tested.	CCPH; SMCH	Ongoing
2024 Progress: New brochure under development to highlight services available to keep patients safe in their home.		
Implement housing assessment questionnaire to all families with children being tested at WIC	CCPH	January 2025
Offer increased in-home visual assessment to families with high-risk housing to prevent/decrease lead exposure and address other observed health concerns.	CCPH	January 2025
2024 Progress: Social media campaign completed in quarter 4 of 2024 on FB.		

Priority #3	Access to Services	
Goal	Increase access to Ambulance Services, Childcare Services and Senior Living Services.	
Baseline	1 full-time ALS EMS crew for county 10 childcare centers per 1,000 children under age 5 per Co Health Rankings	
Action Item	Responsible Party	Timeline
Fully staff 3 EMS crews.	EMS; SMCH	Ongoing

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<p>2024 Progress: EMS currently staffing 3 separate locations, Rockwell City (centralized), Lake City, and Manson M-F 8-1700. EMS also now meeting SMCH transfer needs and is integrated into the public with participation in various community events and CPR teachings.</p>		
Increase childcare centers	CCPH, SMCH	Ongoing
Increase access to Senior Living Services	CCPH, SMCH	Ongoing
<p>2024 Progress: Unfortunately, Accura of Rockwell City announced closing the facility in 2024. Recognizing the limited scope of influence SMCH and CCPH has on these decisions, access to senior living services remains a top priority. SMCH developing brochure to provide resources for families looking to keep patients in their homes safely. SMCH continues to offer therapy services to assess and rehabilitate for safety.</p>		